

*Marvelyn Navarro*  
RDH

**SPEAKER PACKET**



# Want to Keep More Patients In-House with Less Invasive Perio Treatments?

Marvelyn Navarro is renowned for her dynamic speaking engagements and in-depth training sessions that focus on advanced periodontal therapies and the pioneering use of endoscopic techniques in dental care. As a seasoned speaker, she engages her audience with compelling presentations that blend cutting-edge research with practical applications, making complex concepts accessible and actionable. Marvelyn's workshops are designed to empower dental professionals by teaching them how to implement minimally invasive, technology-driven treatments that improve patient outcomes and practice efficiency.



## FEATURED PROGRAMS

- Precision-Based Oral Hygiene Strategies for Lifelong Oral Health
- The 411 on Instrumentation for Periodontal Therapy – Evolving Your Instrumentation Game
- Furcations 411 – Don't Get Stuck: Mastering Furcations in Periodontal Therapy
- Elevating Care with Vision: Dental Endoscopy and Adjunctive Therapies in Modern Practice
- Rising Above: Navigating Turbulent Times in Dentistry
- From Treatment to Stability: Mastering Supportive Periodontal Therapy
- Head, Threads & Health: Rethinking Implant Maintenance
- The Oral-Systemic Link: Connecting the Mouth, Microbiome, and Body
- The Evolving RDH – Expanding Roles, Practice Models, and Pathways to Leadership, Autonomy, and Ownership

Course durations range from 1–3 CE hours and can be customized based on audience and event needs.



*Marvelyn Navarro*

hello@marvelynrdh.com | (702) 785-4367 | MarvelynRDH.com

# Precision-Based Oral Hygiene Strategies for Lifelong Oral Health

1-2 hour CE Course

**Description:** Effective oral hygiene recommendations should not be standardized or diagnosis-specific alone. Contemporary dentistry emphasizes precision-based, individualized biofilm management tailored to each patient's clinical presentation, risk profile, and behavioral factors.

This evidence-based lecture explores how clinicians can match oral hygiene modalities to patients across the health-disease continuum, from gingival health to gingivitis and periodontitis. Participants will review mechanical and chemotherapeutic biofilm-control methods, risk-assessment principles, and behavior-modification strategies supported by the current literature.

Through clinical examples, this course provides practical frameworks for selecting personalized oral hygiene strategies that promote disease prevention, long-term stability, and improved patient outcomes in modern dental practice.



## LEARNING OBJECTIVES

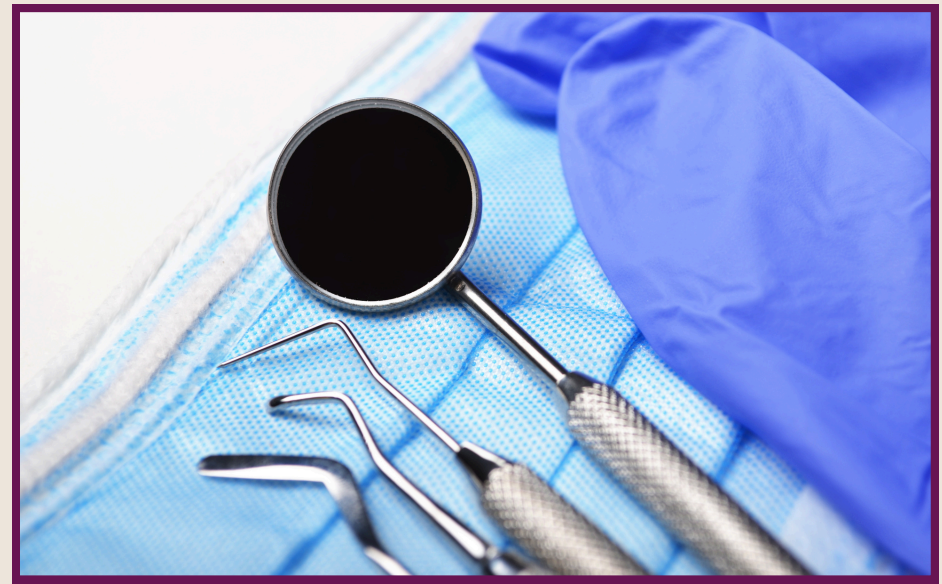
- Differentiate biofilm management strategies appropriate for patients across the health-disease continuum.
- Identify clinical and behavioral factors that influence individualized oral hygiene recommendations.
- Compare mechanical and chemotherapeutic modalities based on patient presentation and risk assessment.
- Develop personalized oral hygiene protocols that support prevention and long-term stability.

### Suggested Audience:

Dental and Healthcare Professionals (1-2 CE Course)

# The 411 on Instrumentation for Periodontal Therapy- Evolving Your Instrumentation game

**Description:** This course is designed to enhance your understanding and proficiency in using various instruments for periodontal therapy. By mastering these tools and techniques, you will improve patient outcomes and ensure the highest standard of care. The course provides a unique opportunity to visualize the use of these instruments subgingivally with a dental endoscope, offering a detailed perspective on their application.



## LEARNING OBJECTIVES

- Identify the various types of instruments used in periodontal therapy
- Discuss commonly missed areas during instrumentation
- Discuss how not one instrument fits ALL
- Explore the use of left and right inserts and area-specific curettes
- Illustrate and view the instruments in action subgingivally with an endoscope

### Suggested Audience:

Dentists and Dental Hygienists. (1 Hour Lecture)

# Furcations 411 - Don't Get Stuck: Mastering Furcations in Periodontal Therapy

**Description:** Furcations can be the Bermuda Triangle of periodontal therapy—easy to enter, hard to navigate, and often overlooked. In this course, we'll revisit critical tooth anatomy and explore how furcation involvement impacts long-term periodontal outcomes. From the frustrations of missed calculus and ineffective scaling to understanding the classification and diagnosis of furcations, we'll uncover the why behind our challenges and the how to overcome them. We will also visualize techniques with a dental endoscope.

You'll gain real-world instrumentation strategies for both hand and ultrasonic tools, discuss common clinical pitfalls, and learn how to enhance results with practical homecare solutions and adjunctive aids. Let's get unstuck and confidently tackle even the most complex cases with precision and purpose.



## LEARNING OBJECTIVES

- Review key anatomical features and their role in furcation involvement.
- Classify and diagnose furcations using accepted clinical criteria.
- Identify common causes of ineffective scaling and missed calculus in furcated areas.
- Apply evidence-based instrumentation strategies using both hand and power-driven tools.
- Recommend appropriate homecare aids and adjunctive therapies for patients with furcation involvement.

### Suggested Audience:

Dental Healthcare Professionals (1 Hour Course)

# Elevating Care with Vision: Dental Endoscopy and Adjunctive Therapies in Modern Practice

**Description:** Modern dentistry is evolving toward precision-based, minimally invasive care driven by advanced diagnostics and measurable outcomes. While many areas of dentistry have progressed, periodontal therapy and subgingival diagnosis often still rely on tactile sensation and limited radiographic interpretation.

This evidence-based, case-driven lecture explores how dental endoscopy introduces real-time subgingival visualization, transforming care from blind instrumentation to precision-guided therapy. Enhanced visualization supports the detection and management of residual calculus, root irregularities, subgingival caries, fracture lines, endodontic findings, and peri-implant disease.

The course also highlights the role of adjunctive periodontal therapies, including biofilm disruption, desiccation agents, and local antimicrobials, in supporting more effective, minimally invasive treatment. Together, these approaches elevate diagnostic accuracy, improve outcomes, and redefine patient-centered periodontal care.



## LEARNING OBJECTIVES

- **Discuss** the shift toward precision-based, minimally invasive care in modern dentistry.
- **Identify** limitations of traditional methods in detecting subgingival pathology.
- **Explain** how dental endoscopy enhances real-time visualization for improved diagnosis and treatment.
- **Evaluate** the role of adjunctive periodontal therapies in supporting biofilm management and clinical outcomes.
- **Analyze** how combining visualization and adjuncts improves treatment precision, patient understanding, and long-term stability.

# Staging to Success: The SPARK Method in Motion - Applying AAP Guidelines to Clinical Practice

**Description:** Effective periodontal care requires more than measuring pocket depths; it demands a structured, repeatable framework that supports accurate diagnosis, informed decision-making, and predictable outcomes. As the AAP staging and grading system has evolved, clinicians are challenged to translate classification into meaningful clinical action.

This course introduces the SPARK Method—Staging, Progression, Assessment, Risk, and Keep-it-Controlled—as a practical, patient-centered approach to periodontal diagnosis, treatment planning, and long-term maintenance. Through real-world clinical scenarios, participants will learn how SPARK guides treatment sequencing and supports outcomes.



## LEARNING OBJECTIVES

- Describe the components of the SPARK Method and their relationship to AAP staging and grading principles.
- Apply the SPARK framework to assess periodontal disease severity, progression, and risk factors in clinical cases.
- Differentiate treatment planning considerations based on disease stage, grade, and patient-specific risk indicators.
- Evaluate clinical outcomes and maintenance strategies using the “Keep-it-Controlled” phase to support long-term periodontal stability.

### CE Credit:

Course Introduction 1-3 Hour CE

# Rising Above: Navigating Turbulent Times in Dentistry

**Description:** Dentistry is evolving at an unprecedented pace, clinically, economically, and emotionally. From workforce shortages and shifting regulations to burnout, patient expectations, and the growing demand for comprehensive, evidence-based care, dental professionals are being called to lead in ways we've never experienced before.

In this inspiring and thought-provoking keynote, Marvelyn Navarro, RDH, challenges clinicians to rise above the noise and uncertainty by embracing resilience, innovation, and purpose-driven care. Through real-world insights, personal experiences, and actionable strategies, attendees will learn how to navigate disruption with confidence, elevate their clinical impact, and reconnect with the "why" behind what they do.

This session is more than motivation; it's a call to action. Because in the face of adversity, dentistry doesn't just survive... it evolves. And those willing to rise will lead the future of our profession.



## LEARNING OBJECTIVES

- **Identify** key challenges in dentistry, including workforce shortages, regulations, and burnout.
- **Discuss** the impact of stress and change on clinical performance, teams, and patient outcomes.
- **Recognize** strategies to build resilience and adaptability.
- **Evaluate** opportunities for growth and innovation in technology, care models, and leadership.
- **Apply** strategies to maintain purpose-driven care in an evolving dental landscape.

### CE Credit:

Course Introduction 1-3 Hour CE

*Marvelyn Navarro*

hello@marvelynrdh.com | (702) 785-4367 | MarvelynRDH.com

# From Treatment to Stability: Mastering Supportive Periodontal Therapy.

**Description:** Periodontal disease management does not conclude with scaling and root planing. As a chronic inflammatory condition with episodic progression, long-term stability depends on structured supportive periodontal therapy (SPT) tailored to individual patient risk factors.

This evidence-based lecture explores contemporary strategies for maintaining periodontal health following active therapy. Participants will review risk assessment models, individualized maintenance intervals, patient-centered oral hygiene instruction, and adjunctive therapies supported by current literature. Topics include mechanical biofilm control, chemotherapeutic agents, local delivery of antimicrobials, host modulation, and other adjunctive methods used to support long-term periodontal stability.

Through clinical examples and research-supported protocols, this course provides practical guidance for implementing effective SPT programs that reduce recurrence, improve patient compliance, and align with the standards of modern periodontics.



## LEARNING OBJECTIVES

- Describe the rationale for supportive periodontal therapy after active treatment.
- Identify risk factors that influence disease recurrence and maintenance intervals.
- Develop individualized maintenance plans incorporating patient education and adjunctive therapies.

### CE Credit:

Course Introduction 1-2 Hour CE

# Head, Threads & Health: Rethinking Implant Maintenance

**Description:** Dental implants are widely placed, but not always consistently maintained. With conflicting protocols and evolving technologies, many clinicians are left unsure how to properly detect and treat peri-implant disease.

This course cuts through the confusion, delivering a clear, evidence-based approach to implant maintenance, disease recognition, and modern treatment strategies, including advanced diagnostics and adjunctive therapies that support more precise care.



## LEARNING OBJECTIVES

- **Describe** dental implant anatomy, design features, and peri-implant tissue characteristics, and how these influence long-term health and maintenance.
- **Differentiate** peri-implant health, mucositis, and peri-implantitis, and identify clinical and radiographic signs of disease progression.
- **Evaluate** risk factors and implement evidence-based implant maintenance protocols, including appropriate instrumentation, biofilm management, and patient-specific home care strategies.
- **Apply** clinical decision-making to select appropriate nonsurgical and adjunctive treatment approaches for peri-implant disease, including desiccation therapy and subgingival visualization technologies, based on current evidence and clinical practice

**CE Credit:** 1-2 Hour CE

# The Oral-Systemic Link: Connecting the Mouth, Microbiome, and Body

**Description:** The oral cavity is not an isolated system; it is a critical gateway to overall health. The oral microbiome plays a key role in systemic inflammation, with growing evidence linking oral bacteria to gut dysbiosis, cardiovascular disease, autoimmune conditions, and more.

This course explores the oral-systemic connection through a modern, evidence-based lens. Participants will examine how oral bacteria can translocate throughout the body, the impact of dysbiosis, and how dental products, systemic conditions, and lifestyle factors influence microbial balance.

Attendees will gain insight into salivary diagnostics, gut health considerations, and the role of oral probiotics in supporting whole-body health. By recognizing the clues the mouth provides, clinicians can deliver more comprehensive, patient-centered care.



## LEARNING OBJECTIVES

- **Describe** the relationship between the oral microbiome, systemic inflammation, and overall health.
- **Identify** oral clinical findings associated with systemic conditions, including cardiovascular and autoimmune diseases.
- **Evaluate** the role of salivary diagnostics, gut health considerations, and oral probiotics in supporting microbial balance.
- **Apply** oral-systemic principles to enhance patient assessment, education, and preventive care strategies

**CE Credit:** 1-2 Hour CE

# The Evolving RDH - Expanding Roles, Practice Models, and Pathways to Leadership, Autonomy, and Ownership

**Description:** The role of the dental hygienist is evolving beyond traditional clinical care. Today's dental hygienists have the opportunity to expand into roles that support greater autonomy, leadership, and professional growth.

Marvelyn Navarro, RDH, has paved her own path by transitioning from the operatory into a multifaceted role as a clinician, entrepreneur, and leader. As co-founder of a mobile periodontal endoscopy business, she has developed a unique model that blends advanced clinical care with business ownership. Through strategic networking, social media, brand collaborations, and speaking, she has built a platform that demonstrates how hygienists can expand their influence, create multiple streams of income, and take ownership of their careers.

This course explores the evolving landscape of dental hygiene, including alternative practice models such as Registered Dental Hygienist in Alternative Practice, mobile services, whitening-based businesses, consulting, and digital platforms. Through real-world insight and practical strategies, attendees will gain a clear understanding of how to expand their role, strengthen professional connections, step into leadership, and increase autonomy while maintaining ethical, patient-centered care.



## LEARNING OBJECTIVES

- **Identify** career pathways that support increased autonomy, leadership, and professional growth
- **Describe** foundational concepts of entrepreneurship and alternative practice models
- **Recognize** opportunities to diversify income through clinical and non-clinical roles
- **Apply** strategies to expand their role while maintaining ethical and patient-centered care

**CE Credit:** 1-2 Hour CE

*Marvelyn Navarro*

hello@marvelynrdh.com | (702) 785-4367 | MarvelynRDH.com

# MEET MARVELYN

**Marvelyn Navarro, RDH**, is a seasoned clinical educator, dental endoscope trainer, and a fervent advocate for preventive and innovative dentistry. With over 14 years of experience in the dental field, she brings a wealth of knowledge and expertise to her speaking engagements. Marvelyn is the co-founder of Perio Precise, LLC, specializing in advancing periodontal care through the innovative use of dental endoscopes. Her passion for periodontal therapy, prevention, and modern dental technology makes her a prominent figure in dental health education.

Marvelyn's extensive background includes roles that span from hands-on clinical work to advanced training and motivational speaking. This diverse experience has given her a deep understanding of the challenges and opportunities within dental healthcare. Her commitment to education is evident in her engaging workshops and seminars, where she teaches dental professionals how to integrate new tools and methodologies effectively into their practices. Marvelyn's ability to convey complex technological concepts in an accessible and actionable manner, combined with her motivational speaking skills, makes her sessions invaluable to her audiences.



*Marvelyn Navarro*

hello@marvelynrdh.com | (702) 785-4367 | MarvelynRDH.com